

WHAT SHALL WE DO WITH OUR STOMACHS?

IS A QUESTION OF VITAL IMPORTANCE.

The best informed physicians advise the use of Adamur Dyspepsia Lozenges, which are not a patent medicine but a favorite prescription that we found from years of experience in prescribing for stomach troubles to be wonderfully reliable. We find in treating great numbers of cases of chronic diseases that this combination is indicated in at least four out of five cases and is the foundation of the most successful treatment that has ever been devised. We can do no better for persons who cannot come to the Sanitarium than to recommend a thorough trial of this prescription which is put up under the name of Adamur Dyspepsia Lozenges simply to designate or identify the prescription.

If you have ill-health, look to your stomach for the cause. Do not stop half way. Do not suppose it's the heart, or the liver, or kidneys, or constipation, or piles, or the nerves. It is a deranged digestive function that causes the heart to palpitate, that causes liver troubles, that wears out the kidneys, that causes piles and constipation, and distracts the nerves. When our stomachs are restored to their original or natural condition, we are well.

Nine out of every ten cases of chronic disease originate in a deranged digestion. No matter whether it be rheumatism, kidney disease, constipation, nervous troubles, scrofula, or any other form, they all begin with some form of indigestion. The formation of gas in the bowels is an indication of indigestion, but is generally unheeded until a more serious form of the trouble occurs, and so with many other symptoms.

Some of the most intelligent and successful physicians in the state of Michigan use and prescribe Adamur Dyspepsia Lozenges. We have thousands like the following to substantiate our statements:

SOUTH BUTLER, BRANCH CO., MICH.
Jan. 18, 1900.

ADAMUR SANITARIUM CO.,

Gentlemen: I am glad to say that Adamur Dyspepsia Lozenges have helped me more than any medicine I have ever taken. I have doctored with different doctors for about three years and could get only slight relief for a short time. Have only taken three boxes of Adamur Dyspepsia Lozenges and feel perfectly well. I can eat anything I want without feeling any distress from it whatever.

MRS. NETTIE CAREY

If a person has a coated tongue, bitter taste in the mouth, regurgitation of food, sick or nervous headache, constipation, offensive breath, heart-burn, unnatural craving for food or lack of appetite, sallow complexion, disturbed sleep, feels irritable, anxious, or apprehensive, eructation of gas, nausea after eating, weight or fulness in the region of the stomach,



A TURKISH BATH

AT HOME.

\$12 BATH CABINET FOR \$5.00

The Standard Bath Cabinets

are the standard. The best Cabinet made. Convenient, durable and handsome. Always ready for use. Physicians everywhere recommend them. Every Cabinet built on honor. Has a door. You walk in, sit down and close cover over you—cover works on hinge. A remarkable invention. There is no person in the world whom Turkish and Vapor Cabinet Baths will not benefit. It opens the pores and sweats all the poisons out of the blood, leaving it pure and healthy. Physicians recommend it to cure La Grippe, Colds, Pleurisy, break up Fevers, cures Rheumatism, and all Liver, Kidney, Skin and Blood diseases. If you are sick it will make you well; if well, it will keep you so. Makes you healthy, vigorous and seemingly TEN years younger. A Turkish Bath at home for 3 cents. No home can afford to be without it. Every Cabinet guaranteed or money refunded if not as represented.

GOOD AGENTS AND SALESMEN

wanted everywhere to open offices and appoint agents. \$100 a month and upwards. BIG MONEY. Ask for book about the Cabinet and its uses, and testimonials. Write today.

THE STANDARD BATH CABINET CO.

TOLEDO, OHIO.

pimples on the face, cold feet and hands, lack of energy and strength, have blind or dizzy spells, bilious or any unpleasant sensations in the region of the stomach, the use of Adamur Dyspepsia Lozenges will allay the symptoms and produce that sense of comfort, contentment, and courage that only a person with a good stomach is permitted to enjoy.

Doctor Wingate says: "No harm can result from the use of this valuable prescription. I have been surprised and delighted by the prompt and lasting benefits derived, and cheerfully recommend it to sufferers from the various forms of indigestion."

To persons who cannot come to the Sanitarium, we suggest a trial of this valuable preparation.

For sale at drug stores at 50 cents for a large size box. Accept no substitute for there is no other remedy as good.

To Quickly Introduce this marvelous remedy, we will, for a limited time, send one full size 50-cent box by mail free upon receipt of twenty-five cents; or, five boxes for \$1.00. As soon as the lozenges have been advertised, the regular price of 50 cents will be restored. Send today. Correspondence solicited from persons suffering with any form of chronic disease. Consultation free and confidential.

ADAMUR SANITARIUM CO.,

BATTLE CREEK, MICH.

Thousands of testimonials.

Ashland College.



Fall Term will open Sept. 11, 1900

During the coming year we shall sustain the following departments of instruction: Collegiate with four courses of study, Biblical with two, Teachers' Business including Book-keeping, Shorthand and Typewriting, Musical and College Preparatory.

We shall have four additional teachers the coming year. Our professors are graduates of the best Colleges or Universities. They are experienced teachers and thorough and practical in their work. Our teachers take personal interest in the work of each student.

I shall be pleased to send out during the next week 500 of our new catalogs, which are now ready to be mailed, to as many young people if you will drop me a card asking for the same.

For full particulars address,

J. ALLEN MILLER, Ashland, O.